

# University Sports

A survey conducted throughout Bavaria revealed that the University of Bamberg has the highest percentage of participants in general university sports courses in relation to the total number of students. Almost a third of all students make use of the wide variety of activities offered by the University Athletics Centre. Over 150(!) courses are available, ranging from martial arts, ballroom and dance sports to a back exercise programme and yoga, or numerous forms of body-sculpting aesthetic activities such as ballet, aerobics or body conditioning, to name but a few. Especially courses with a focus on health are becoming increasingly attractive due to growing health awareness and these are very popular with students and staff.

Sometimes, competition teams emerge from this broad range of courses, which, together with the starters in individual sports, represent the University of Bamberg at Bavarian or German university championships, in some instances with happy considerable success.

**Please note: Due to rising personnel and administrative costs, team sports and the "Active Break" will be offered as fee-based courses starting in the 2023 summer semester.**

## **Sports courses in the coming semester**

The summer semester is fast approaching. We are once again off to a great start together with a wide-ranging programme. From yoga to Ultimate Frisbee, spikeball, futsal to modern dance—we've got it all this semester. On 09. October 2023, courses will be available for booking on a staggered basis, starting at 08:00.

**ALL SPORTS COURSES FROM A-Z** ([https://www.buchsys.de/bamberg/angebote/SS\\_2022/index.html](https://www.buchsys.de/bamberg/angebote/SS_2022/index.html))

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